

Steps

Step 1

Memorize the Key Slogan: "Knowing Christ Makes You Free"

There are three key parts to this statement. The first key is the word "knowing." Many programs make promises, but only one way truly frees you from the bondage of addiction.

This way is not through gaining more knowledge, but through knowing a person, which is the second key. Jesus Christ is not just a way; He is the **ONLY** way! As Jesus Christ Himself said in John chapter 14 verse 6 (John 14:6), "**I am the Way, the Truth, and the Life ...**" There is no other option, no other way and no other answer.

Proverbs 16:25 says, "**There is a way that seemeth right unto a man, but the end thereof are the ways of death.**" You

may even know someone who has died because of addiction. Some people choose to end their life because of the hopelessness of bondage that comes from a lifestyle of addictions.

This brings us to the third and final key. The word "free" does not mean without cost. Your freedom is only possible at a great expense. It cost Jesus His life, and as you come to know Him, you too will become truly and completely free.

To complete this step you must memorize the Key Slogan for the H.O.P.E. program, "Knowing Christ Makes You Free!" and quote it to an approved counselor.



Student Sign-off: _____

Date: _____

Counselor Approval: _____

Date: _____

Step 2

Memorize our Program Format: Ready, Set, Go

R.E.A.D.Y.

We prepare ourselves to meet with God through "Praise and Prayer" time.

- Recharge
- Excited to Praise
- Asking in Prayer
- Ditch Distractions
- Yes, You!

S.E.T.

We strengthen ourselves and one another through the SET groups.

- Support
- Encouragement
- Togetherness

G.O.

We find out where we are and how to get where we need to be in the GO Session.

- God's
- Orders

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Steps 3-5

Memorize our Key Verse: "Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage."

Galatians 5:1

To complete these steps you must memorize the entire Key Verse for the H.O.P.E. program and quote it to an approved counselor. You may choose to do this by breaking the verse up into three parts or all at once. Even if you find it hard to memorize, the truth contained in this verse is worth the effort, and victory over each step moves you closer to putting off the entanglement with which you struggle.

(Step 3) Galatians 5:1a **"Stand fast therefore in the liberty..."**

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